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TRANZ TALKS

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TO ALL PIMPYOURMIND.COM SUBSCRIBERS

DON'T DRAG YOUR PAST MISTAKES AROUND WITH YOU

This is another TRANZ TALK for you to practice, so you can make your life happen on purpose!

If you are a Hypnotherapist you can use this Tranz Talk for your clients.

There will also be a pdf tranzcript download for your convenience.

This Tranz Talk is called:

Success is a journey not just a goal

Successful people are turned-on people who share certain attitudes that make success inevitable for them.

They recognize that success is not some great achievement they've accomplished, some great goal they've reached, some great destination attained.

Instead, it is the journey itself toward that destination, that goal, that achievement.

Just starting to travel the road to success will make you a successful person.

Only the degree of your success will change as you stay motivated on the path you've chosen for yourself.

The first step toward success is generating positive feelings about yourself.

Encourage your own positive self image by making a list of your good qualities. Ask your friends and your family things they like about you, if you need to.

Try to add an asset to your list each day.

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If you are ever tempted toward self-doubt, refer to this inventory of assets. It will continue to grow, if you help it.

Make a positive memory list of successful, happy, past events which can give you immediate confidence and gratification if you think back on them.

Remember anything from a pat on the back from a grade school teacher to landing a job you wanted... anything that reaffirms that you've had happy, successful experiences that can and will repeat and multiply themselves.

If you're ever tempted toward discouragement, refer to one of your happy memories.

Let it live again in your mind, and let its feeling live in your life. Photographs, trophies. and personal gifts can resurrect positive emotions.

Always look good. Take care of your body, and if it's not in shape. get it in shape. And start dressing better than is necessary for the position you now have, whether you're a homemaker, secretary. salesman, or assembly line worker.

Let the rest of the world see that you're a winner who's headed up the ladder of success.

Be a positive person.

Do favors for other people, and let them do favors for you.

Compliment others, and accept their compliments graciously. Look for other positive people to associate with, both professionally and personally.

Put your goals on paper, even if doing so frightens you. Some people think if they write their goals down in black and white and don't reach them, then they are definitely failures.

But that's not so. Remember, success is the journey itself toward the goal you've set for yourself. T

he failure is never starting the journey, and any trip without a map is doomed to stray off course.

Writing down your goals will clearly define what success means to you.

Do one thing every single day to progress toward your goal. If you do, find that your motivation will increase each day, and success will be inevitable.

You can make it happen as a habit.

MY TRANZ TALKS, PUT POSITIVE EMOTIONAL POWER IN YOUR LIFE:

Pimpyourmind.com For the next 30 days, practice these 3 steps, and don't forget to have fun!
1. Practice self review: List things you want, but have never made happen.
2. Practice emotional resurrection: Review your memorabilia for good memories.
3. Practice physical "fine tuning": Upgrade several small elements of your physical appearance and make them a habit.
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